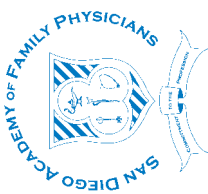


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**SAN DIEGO**  
ACADEMY OF FAMILY PHYSICIANS



Post Office Box 910144  
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# Your Invitation To Beautiful SAN DIEGO



Photo Courtesy: S.D. Convention & Visitors Bureau



Photo Courtesy: S.D. Convention & Visitors Bureau

SAN DIEGO'S FAMOUS MISSION BAY PARK,  
HOME TO FINE HOTELS, RESTAURANTS,  
MARINAS AND UNLIMITED WATER SPORTS.

THE WORLD-FAMOUS SAN DIEGO ZOO  
FEATURES A RENOWNED GIANT PANDA  
BREEDING CENTER AND PUBLIC EXHIBIT.

**52<sup>ND</sup> Annual Postgraduate Symposium**  
**Family Medicine Update: 2009**  
**June 26–28, 2009**

# SAN DIEGO ACADEMY OF FAMILY PHYSICIANS

52<sup>ND</sup> ANNUAL POSTGRADUATE SYMPOSIUM  
FAMILY MEDICINE UPDATE: 2009

JUNE 26–28, 2009  
HILTON RESORT SAN DIEGO



OVER 95% EB CME CONTENT  
2 FOR 1 CREDIT  
20.5 HOURS = 39.75 CREDITS

Photo by David E. J. Bazzo, M.D.

**SAN DIEGO**   
ACADEMY OF FAMILY PHYSICIANS  
*Invites all Physicians to attend the*

## 52<sup>ND</sup> ANNUAL POSTGRADUATE SYMPOSIUM

### OFFICERS OF THE SAN DIEGO CHAPTER

*President* – Melissa B. Vourlitis, D.O.

*President-Elect* – Anthony Fatch Chong, M.D.

*Secretary-Treasurer* – Patrick Yassini, M.D.

*Program Director* – Melissa B. Vourlitis, D.O.

*Program Coordinator* – Sabrina Bazzo, MPH, Executive Director, SDAFP

### FEES

	Enrollments reserved by 06/12/09	Enrollments Postmarked after 06/12/09
AAFP Member	\$375.00	\$425.00
AAFP Retired Member	\$350.00	\$400.00
Non-Member	\$425.00	\$475.00
Allied Health Professional (RN, NP, PA, PHARM)	\$325.00	\$375.00
Resident/Medical Professional Course*	\$100.00	\$150.00
Medical Students Only**	\$ 75.00	\$125.00

\* (Letter of verification from Residency or Medical Professional Course Director must accompany registration.)  
\*\* (Letter of verification from Medical School Official verifying full-time student status must accompany registration.)

NOTE: Fees include lectures, lunches, continental breakfast and afternoon refreshments, Saturday evening gala reception, syllabus and certificate recognizing course completion.

REFUNDS: A refund, less \$50.00, will be allowed if requested prior to June 12, 2009.

### ACCREDITATION

**AAFP:** This activity has been reviewed and is acceptable for up to 39.75 Prescribed Credit(s) by the American Academy of Family Physicians. Of these credits, 18.50 conform to the AAFP criteria for evidence-based CME clinical content. CME has been increased to reflect 2 for 1 credit for only the EB CME portion. When reporting AAFP credit, report total Prescribed and Elective credit for this activity. It is not necessary to label credit as evidence-based CME for reporting purposes. The EB CME awarded for this activity was based on practice recommendations that were the most current with the strongest level of evidence at the time this activity was approved. Since clinical research is ongoing, AAFP recommends that learners verify sources and review these and other recommendations prior to implementation into practice.

**AOA:** This program has been reviewed and is approved for a maximum of 20.5 Category 1-A CME Hours by the American Osteopathic Association.

**AAPA:** This program has been reviewed and is approved for a maximum of 20.5 hours of Category 1 CME credit by the Physicians Assistant Review Panel. Physician Assistants should only claim those hours spent participating in the CME activity. This program was planned in accordance with the AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

**RN:** An approved provider by the California Board of Registered Nursing, BRN Provider No. CEP 9591, for 20.5 Contact Hours.

**PHARMACISTS:** This course may be used to satisfy 20.5 hours of continuing education for pharmacists.

### Overall Program Objectives of Family Medicine Update: 2009

After attending this course, participants should be able to:

- More effectively determine patients at risk for a particular medical condition in order to control or prevent further complications.
- Have an improved knowledge of how to better detect and provide treatment for a variety of disease states typically seen by a primary care physician or other primary healthcare professional
- Identify current trends taking place in primary care medicine and how they have an impact on their individual clinical practice.

**REGISTER ON-LINE TODAY!!!**

**[www.regonline.com/sdafp09con](http://www.regonline.com/sdafp09con)**

**OR VISIT OUR WEBSITE: [www.sandiegoafp.org](http://www.sandiegoafp.org)**

FRIDAY, JUNE 26, 2009

SATURDAY, JUNE 27, 2009

SUNDAY, JUNE 28, 2009

SUNDAY, JUNE 28, 2009

7:00 a.m. **Registration/Continental Breakfast**

7:45 Welcome/Program Overview  
Moderator Melissa Vourlitis, D.O., SDAFP President, Program Chair 2009

8:00 **GI News: Update for Primary Care**  
Daniel S. Anderson, M.D., FACP

8:40 **Osteoporosis: Update for Primary Care**  
Matthew Levine, M.D.

9:20 **Recognition and Management of Bipolar Disorder**  
Terry Schwartz, M.D.

10:00 **Refreshment Break/Visit Exhibits**

11:00 **Common Nutritional Deficiencies after Gastric Bypass Surgery**  
Kenneth Fujjoka, M.D.

11:40 **Thyroid Pearls**  
Daniel Einhorn, M.D., FACP, FACE

12:20 **LUNCHEON SPOTLIGHT LECTURE Diabetes Update for Primary Care**  
Daniel Einhorn, M.D., FACP, FACE

1:20 Program Overview/Moderator  
Anthony Fatch Chong, M.D., SDAFP President-Elect 2009

1:30 **Lower Urinary Tract Symptoms in Men**  
Richard E. Payne, M.D.

2:10 **Hepatitis C: Update for Primary Care**  
Paul J. Pockros, M.D.

2:50 **Refreshment Break/Visit Exhibits**

3:40 **Holistic Cancer Care**  
Donald I. Abrams, M.D.

4:40 **Atrial Fibrillation and Other Common Arrhythmias**  
John Rogers, M.D.

5:20 Adjournment

5:30 **Optional One Hour EKG Workshop (\$25 Fee)**  
William Norcross, M.D.

7:00 a.m. **Registration/Continental Breakfast / Breakfast Lecture**

7:45 Welcome/Program Overview  
Darren A. Farnesi, M.D., SDAFP Immediate Past President

8:00 **Cervical Cancer Screening: Putting It All Together**  
Mark D. Shalauta, M.D., FAAFP

8:40 **Common Causes of Foot Pain**  
Alexandra E. Page, M.D.

9:20 **Interstitial Cystitis/Pelvic Pain Syndrome**  
Bruce Kahn, M.D.

10:00 **Refreshment Break/Visit Exhibits**

11:00 **The Angry Red Eye, An Update for Primary Care Physicians**  
Tommy Korn, M.D., FACS

11:40 **The Eyes Have it Again! Emergencies, Facts and Myths About Your Vision.**  
Tommy Korn, M.D., FACS

12:20 **LUNCHEON SPOTLIGHT LECTURE Fibromyalgia Update**  
William McCarberg, M.D.

1:20 Program Overview/Moderator  
Charles A. Camarata, M.D., SDAFP CME Chair Emeritus

1:30 **Update on Contraceptive Management**  
David M. Plourd, M.D.

2:10 **2 Minutes/2 Slides/2 Questions**  
Bradford H. Stiles, M.D., FAAFP

2:50 **Refreshment Break/Visit Exhibits**

3:40 **Successful Smoking Interventions**  
Thomas Bent, M.D.

4:40 **Update for Primary Care on the Treatment of Anorexia and Bulimia**  
Louis Maletz, M.D.

5:20 Adjournment

7:00 a.m. **Continental Breakfast**

7:00 **Optional Workshop: Joint Inspection and Injection (\$50 fee)**  
David E. J. Bazzo, M.D. and Lee P. Ralph, M.D.

7:00 **Optional Workshop: Spirometry for Your Office (\$50 fee)**  
Larry Emdur, D.O., Ph.D., MBA

8:50 Welcome/Program Overview  
Moderator Patrick Yassini, M.D., SDAFP Secretary/Treasurer 2009

9:00 **Immunization Update**  
Steven A. Crawford, M.D.

10:00 **Harry Depew Memorial Lecture The Medical Home: What Does This Mean to Your Practice?**  
Steven A. Crawford, M.D.

10:40 **Refreshment Break**

11:00 **Optimal Treatment of Heart Failure**  
J. Thomas Heywood, M.D., FACC

11:40 **Outpatient Management of Hypertension**  
J. Thomas Heywood, M.D., FACC

12:20 Adjournment

**WORKSHOPS**

**EKG Workshop, Intermediate Level / William Norcross, M.D.**  
Friday, June 26, 2009 • 5:30-6:30 p.m.  
**Admission Fee: \$25.00**

**Breakfast Program**  
**Managing Bacterial Respiratory Tract Infections (RTIs): Staying a Step Ahead of Common Respiratory Pathogens.**  
Sponsored by PriCara, division of Ortho-McNeil-Janssen Pharmaceuticals, Inc.  
Facilitated by PRI Healthcare Solutions  
Saturday, June 27, 2009 • 7:00-8:00 a.m.  
**No Admission Fee**

**Back by popular demand! Joint Injection and Inspection**  
Lee P. Ralph, M.D. and David E. J. Bazzo, M.D.  
Sunday, June 28, 2009 • 7:00-9:00 a.m.

We listened to your input from last year and are allowing for increased time to provide more in-depth coverage of this popular topic!  
**Admission Fee: \$50.00**

**Spirometry Workshop / Larry Emdur, D.O., Ph.D., MBA**  
Sunday, June 28, 2009 • 7:00-9:00 a.m.  
Attendance is Limited to First 30 Registrants  
**Admission Fee: \$50.00**

**What Should You Do After the Recent Market Failures? / Charlie Dombek, CPA**  
Friday, June 26 and Saturday, June 27, 2009 • 7:00-9:00 a.m.

This workshop will focus on the planning aspects of taxation and will demonstrate how we achieve, on average, a 20 to 25 percent annual reduction on our tax bill.

**Robert Venezia, CPA**

• Q & A on perspectives and possibilities • Mistakes investors make and how to avoid them • Investment Strategies for changing market environments • Consumer tips on working with various Financial Advisors  
**Individual consultations will be available after the workshops.**

**No Admission Fee (Please note: Both workshops will be identical presentations)**

\*Seating is limited. Please complete RSVP and session preference in registration section of brochure.

**SYMPOSIUM REGISTRATION FORM**

**San Diego Academy of Family Physician's 52<sup>nd</sup> Annual Postgraduate Symposium June 26-28, 2009**

Register On-Line at: [www.regonline.com/sdafp09con](http://www.regonline.com/sdafp09con)

PLEASE PRINT

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Business Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Spouse/Guest Name (for name tag): \_\_\_\_\_

Q \$375.00 AAFP Member AAFP Membership ID No. \_\_\_\_\_

Q \$350.00 AAFP Retired Member AAFP Membership ID No. \_\_\_\_\_

Q \$425.00 Non-Member

Q \$325.00 Allied Health Professional (Circle One) RN NP PA PHARM

Q \$100.00 Resident/Medical Professional Course Student\*

Q \$ 75.00 Medical Students Only\*

\* Special Requirements Apply (See accreditation section of brochure for details.)

Q \$ 50.00 Add for late registration after June 12, 2009

**Special Registrant/Guest Optional Workshops**

I am planning to attend the following Workshops:

Q EKG Workshop (\$25) Q Spirometry Workshop (\$50)

Q Breakfast Program (Free) Q Injection Workshop (\$50)

Q Financial Workshop (Free)

**Friday Luncheon Program**

Q I will attend (Registrants lunch included in reservation fee)

Q I request \_\_\_\_\_ additional guest voucher(s) at \$25.00 each for the Friday luncheon lecture.

**Saturday Luncheon**

Q I will attend (Registrants lunch included in reservation fee)

Q I request \_\_\_\_\_ additional guest voucher(s) at \$35.00 each for the Saturday luncheon lecture.

**Gala Reception**

Q I will attend (included in reservation fee)

Q Total No. of Family Members attending: \_\_\_\_\_ (4 included in reservation fee--\$15.00 for ea. additional person. Children under 5 are free.)

**FEE BREAKDOWN**

Registration ..... \_\_\_\_\_

Late Fee (add \$50 after 06/12/2009) ..... \_\_\_\_\_

Additional Fri. Luncheon Vouchers ..... X \$20 = \_\_\_\_\_

Additional Sat. Luncheon Vouchers ..... X \$30 = \_\_\_\_\_

Additional Reception Tickets ..... X \$15 = \_\_\_\_\_

Friday 5:30 p.m. EKG Workshop ..... X \$25 = \_\_\_\_\_

Fri./Sat. 9:00 a.m. Financial Workshop .. No Fee \_\_\_\_\_

Saturday 7:00 a.m. RTIs Workshop ..... No Fee \_\_\_\_\_

Sunday 7:00 a.m. Injection Workshop .. X \$50 = \_\_\_\_\_

Sunday 7:00 a.m. Spirometry Workshop X \$50 = \_\_\_\_\_

**Grand Total** ..... \_\_\_\_\_

**CHARGE TO:**

Q VISA Q MasterCard

Q American Express Q Discover

Card No. \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Please mail this form & check or credit card information to:

**SAN DIEGO ACADEMY OF FAMILY PHYSICIANS**

Post Office Box 910144 • San Diego, CA 92191

Phone (858) 458-9439 • FAX (858) 458-9467

[www.sandiegoafp.org](http://www.sandiegoafp.org)

**HOTEL RESERVATION FORM**

**San Diego Academy of Family Physician's 52<sup>nd</sup> Annual Postgraduate Symposium June 26-28, 2009**

• **Hilton San Diego Resort** •  
• **San Diego, California** •

The **Hilton San Diego Resort** is just six miles from the San Diego International Airport, and right on San Diego's famous Mission Bay. This Four-Diamond beach resort is conveniently located one mile from **San Diego SeaWorld**, and offers 5-star service and the best Hilton value in San Diego. A romantic paradise of palms and perfect sandy bay fronts, this bayside retreat is complete with our all-new \$5 million crown jewel, **Essence—the Spa on Mission Bay** and a state-of-the-art fitness center, beautifully refreshed guest rooms that come equipped with high-speed internet access, plus a host of other sunshiny events. From championship tennis courts to waterfront dining, wherever your inspiration comes from, this is your destination and your retreat.

PLEASE PRINT

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Business Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Arrival Date: \_\_\_\_\_ Departure Date: \_\_\_\_\_

Number In Party: \_\_\_\_\_

**Special Conference Rates** (plus city occupancy tax):

Single or Double Occupancy Q \$249.00/Night

**Reservation Deadline: May 24, 2009. After this date reservations will be taken on a space-available basis only.**

Reservations must be made directly with the resort by calling 1-800-445-8667 and require one-night's deposit, or you may mail or fax this registration form with payment of your one-night's deposit, by check or credit card. A 72-Hour cancellation notice prior to your arrival date is required to obtain a refund of deposit.

**THERE IS NO CHARGE FOR HOTEL PARKING**

Please indicate credit card to be used for deposit:

Q Visa Q American Express

Q MasterCard Q Diner's Club

Q Discover Card

Name on Card: \_\_\_\_\_

Card No. \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Please mail this form & check or credit card information to:

**Hilton San Diego Resort**

1775 E. Mission Bay Drive

San Diego, California 92109

Reservations: (800) 445-8667 • FAX (619) 275-8944

Reserve On-Line at: [www.sandiegoresort.hilton.com/sdafp](http://www.sandiegoresort.hilton.com/sdafp)